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ABSTRACT: Resonant amplification has been suggested to cause the occasional large amplitude 6 undulations in the jet streams, central to several impactfull phenomena like blocking, sudden 7 stratospheric warmings and extreme weather. One of the models used for establishing the role 8 of resonant amplification is a barotropic  $\beta$ -plane model with a constant zonal mean flow. In 9 this work we examine how a specified amount of meridional leakage of wave activity to the 10 subtropics affects the quasi-resonant response to a meridionally localized, pure zonal wavenumber 11 forcing. The main novelty of our analysis is the derivation of an analytical solution, with which 12 we quantitatively examine the effects of a specified amount of waveguide-leakage, and compare 13 it to the effects of damping. We further examine the effects of leakage on the resonance of a 14 meridionally-concentrated jet, through numerical simulations that include a carefully-constructed 15 sponge layer to the south of the jet waveguide. We find that that meridional leakage weakens the 16 resonant response, similar to what damping does, namely, the amplification and zonal-phase change 17 across resonance are weaker. Leakage also affects the horizontal wave structure equatorwards of 18 the forcing, by introducing a westward phase tilt towards the subtropics. Damping, on the other 19 hand makes the amplitude of the wave decrease away from the forcing on both its side with only a 20 minor phase tilt. Overall, it is concluded that even quite a large wave leakage towards the equator 21 does not necessarily preclude the possibility of quasi-resonant amplification, but earlier estimates 22 which ignore this leakage by assuming two fully-reflecting turning latitudes overestimate the effect 23 by a considerable margin. 24

SIGNIFICANCE STATEMENT: One of the main causes of extreme temperatures and extreme 25 weather is a strong meandering of the jet stream, with the undulations remaining roughly fixed in 26 space, allowing the extreme conditions to develop. One of the mechanisms that has been suggested 27 for these undulations is quasi-resonance of stationary Rossby waves which propagate along the 28 jet-stream waveguide. A main assumption in these studies is that the jet is a perfect waveguide, 29 however, it is well known that Rossby waves on a sphere tend to propagate towards the equator, 30 making the wave-guide leaky. In this study we examine how leaking of waves towards the tropics 31 affects quasi-resonance, and whether it still allows large undulations like those leading to extreme 32 events to form. 33

# **1. Introduction**

Resonant amplification has been suggested as an explanation for the occasional appearance 35 of large amplitude undulations in the jet streams ever since Rossby and collaborators (1939) 36 formulated the equations for Rossby waves (Haurwitz 1940). For example, resonance has been 37 suggested to play a role in the occurrence of blocking (e.g Tung and Lindzen 1979a,b; Tung 1979), 38 sudden stratospheric warmings (e.g. Plumb 1981; Tung and Lindzen 1979a,b; Tung 1979; Esler 39 et al. 2006), multiple flow regimes and corresponding low frequency variability (e.g Charney and 40 DeVore 1979; Källén 1997; Jin and Ghil 1990; Luo 1997), and extreme weather (e.g Petoukhov 41 et al. 2013; Coumou et al. 2014; Petoukhov et al. 2016; Stadtherr et al. 2016; Kornhuber et al. 42 2017a,b; Mann et al. 2017, 2018; Kornhuber et al. 2019). 43

To strictly establish that resonant amplification occurs in the atmosphere, we need to demonstrate 44 that by varying an external parameter of the mean flow or forcing, we get sharp amplification of the 45 forced wave due to its getting closer to being a normal mode, with a sharp  $\pi$ -phase change across 46 the resonance. This is straight-forward using the barotropic and shallow-water beta-plane channel 47 models introduced by Rossby and collaborators (1939); Rossby (1940). However, though able to 48 account quite well for many of the features of the observed upper level flow, these models are too 49 simplified to establish the role of resonance in realistic flows. First, the exact "tuning" needed for 50 resonance is not as easy to form in a latitude-height varying zonal mean flow on a sphere, with 51 possible critical layers, equatorwards wave refraction, vertical propagation into the stratosphere, 52

and various forms of damping. Second, the exact tuning of the mean flow into a resonant state will
 necessarily be ruined once resonant waves grow enough to modify the mean flow.

Tung, in a series of papers (Tung and Lindzen 1979a,b; Tung 1979), systematically relaxed various 55 of the tuning-related simplifications, and derived semi-analytical solutions showing the existence 56 of quasi-normal modes under more realistic flow conditions, provided the modes are vertically 57 trapped (see also Esler and Scott 2005). Various studies starting from Charney and DeVore 58 (1979) addressed the issue of nonlinear mean-flow modification, along with various tuning-related 59 simplifications, in a range of model complexities, and showed that resonance can occur through 60 self-tuning, and shape the low frequency variability of the flow, by allowing multiple flow regimes 61 to exist (e.g Pedlosky 1981; Plumb 1979, 1981; Jin and Ghil 1990; Luo 1997; Esler et al. 2006; 62 Lutsko and Held 2016). 63

One aspect which has only partially or indirectly been addressed in the above studies is the effect of equatorward refraction. On the sphere, Rossby waves tend to refract towards the equator (Hoskins and Karoly 1981) where waves tend to break and be absorbed at a critical layer (Killworth and McIntyre 1985). Such a wave activity-leakage to the equator affects the ability of normal modes, and correspondingly resonance to form (Tung 1979; Källén 1997; Lutsko and Held 2016). We will focus on this effect here.

Leakage to the equator is particularly important if another simplification of idealized resonance 70 studies is relaxed, namely, that the wave source and mean flow are zonally symmetric. If the wave 71 source is localized in the zonal direction, the wave emanating from it needs to propagate around 72 the globe to form a resonant mode (c.f. Lutsko and Held 2016). If the leakage to the equator is 73 too strong, a circumglobal mode will not form. Thus, the existence of a zonal waveguide (e.g. 74 Hoskins and Ambrizzi 1993) is necessary for a normal mode to be established and resonantly 75 excited. Various studies have developed diagnostics of the *waveguidability* of the flow, and used it 76 to examine its dependence on parameters of the zonal mean flow (e.g Hoskins and Ambrizzi 1993; 77 Branstator 2002; Manola et al. 2013; Wirth 2020). These studies all show that a strong localized 78 zonal jet is needed to guide the waves zonally. 79

In this paper we will examine the role of meridional trapping in a simple model which allows an analytical solution. We note that Tung (1979) derived analytical normal mode solutions in the presence of a critical surface with linear damping. His solution shows that quasi-normal modes,

and correspondingly quasi-resonance, do occur due to partial reflection. In that study, however, 83 the amount of partial meridional reflection can't be controlled. In this study, we take a different 84 approach, in which we use a very simple model (barotropic  $\beta$ -plane channel model with constant 85 zonal flow) in which we specify the amount of wave-activity leakage to the tropics (model and 86 analytical solution described in section 2). We then examine the effect of meridional leakage on 87 resonance, how it compares with the effects of damping, and whether the combination of realistic 88 amounts of leakage and damping allow a reasonable amount of quasi-resonance to explain realistic 89 wave amplification (section 3). We further compare our results to carefully constructed numerical 90 solutions of a barotropic channel model with a meridionally-localized zonal jet stream, and a leaky 91 equatorial boundary (section 4), and summarize with a discussion of the relevance to more realistic 92 flows in section 5. To facilitate the flow of the paper, some of the technical points are discussed in 93 appendices. 94

#### **2.** Analytic solutions of a barotropic $\beta$ -plane channel model

To incorporate leakage into an analytical forced wave solution, we use the simplest setup of a 96 zonally-oriented Rossby wave guide, a  $\beta$ -plane channel model, with poleward and equatorward 97 boundaries at  $y = \pm L$ , a constant zonal flow  $\overline{u}$ , and a meridionally localized (in the form of a  $\delta$ -98 function) stationary wave forcing of a given zonal wavenumber. This  $\delta$ -function forcing structure 99 allows, via a Greens function method, to obtain analytical solutions for a partially reflecting 100 southern channel boundary, which allows part of the wave activity to leak out. We will examine 101 how linear drag and leakage through the equatorward boundary modify the amplitude and phase of 102 the response to forcing, and specifically, how it modifies the resonant response, viewed by varying 103 the strength of the zonal mean zonal wind across its resonant value. 104

## <sup>105</sup> *a. Basic model and Greens function forcing setup*

We assume a zonal mean zonal flow  $\overline{u}$ , with linear momentum damping  $\alpha$ . We express the anomaly fields (deviation from a zonal mean) in terms of a streamfunction  $\psi$ , which satisfies  $v = \frac{\partial \psi}{\partial x}$ ,  $u = -\frac{\partial \psi}{\partial y}$ , and  $q = \frac{\partial v}{\partial x} - \frac{\partial u}{\partial y} = \frac{\partial^2 \psi}{\partial y^2} + \frac{\partial^2 \psi}{\partial x^2}$ , where v, u, and q, are the meridional wind, the zonal wind and vorticity anomalies respectively, and t, x, and y are the time, zonal direction and meridional direction coordinates. The linearized vorticity equation with topography h(x, y) as <sup>111</sup> forcing is then:

$$\left(\frac{\partial}{\partial t} + \overline{u}\frac{\partial}{\partial x} + \alpha\right) \left(\frac{\partial^2 \psi}{\partial y^2} + \frac{\partial^2 \psi}{\partial x^2}\right) + \frac{\partial \psi}{\partial x}\overline{q}_y = -f_o\overline{u}\frac{\partial h}{\partial x}$$
(1)

where  $\overline{q}_y = \beta - \frac{d^2 \overline{u}}{dy^2}$  is the meridional gradient of the zonal-mean flow vorticity, and  $f_o$  is the central channel Coriolis force.

To allow for an analytical solution, we will assume a constant zonal-mean zonal flow  $\overline{u} = U$ , and use a Green's function approach, where we examine the response  $G_k(y, y')$ , to a pure sinosodial topography in the zonal direction, localized at a single latitude  $y' : h(x, y) = \delta(y - y')e^{ikx}$ . The response to a general topography h(x, y) can then be obtained by taking a Fourier transform in the zonal direction, and for each zonal component, convolving the response to the Green's function with the full forcing at zonal wavenumber k:

$$\psi_k(y) = \int_{-L}^{L} G_k(y, y') h_k(y') dy'$$
(2)

where  $h_k(y)$  is the Fourier component *k* of the topography h(x, y). In what follows we will examine a single zonal Fourier mode and drop the subscript *k*.

Looking for steady solutions (to fit the stationary forcing), we assume a solution of the form:

$$\psi(x, y) = G(y, y')e^{ikx}$$

Plugging in to equation 1, after taking into account that  $\overline{u}(y) = U = const$  (which yields  $\overline{q}_y = \beta$ ), we are left with solving the following equation:

$$\frac{d^2G}{dy^2} + \left(\frac{\beta}{U - \frac{i\alpha}{k}} - k^2\right)G = -\frac{f_o}{1 - \frac{i\alpha}{kU}}\delta(y - y')$$
(3)

Away from the forcing latitude y', the solution will be that of the homogeneous problem, and will assume the form  $e^{i\tilde{l}y}$ ,  $e^{-i\tilde{l}y}$  where

$$\tilde{l}^2 = \frac{\beta}{U - \frac{i\alpha}{k}} - k^2 \tag{4}$$

For the inviscid case, we get  $\tilde{l}(\alpha = 0) = l$  where

$$l = \sqrt{\frac{\beta}{U} - k^2} \tag{5}$$

In appendix 5 we show that the corresponding complex meridional wavenumber approximately equals:

$$\tilde{l} \approx l + \frac{i\alpha}{Cg_{\rm v}} \tag{6}$$

where  $Cg_y = \frac{2kl\beta}{(k^2+l^2)^2}$  is the meridional group speed<sup>1</sup>. Note that for a wave solution, we need *l* to be real, meaning  $\frac{\beta}{U} > k^2$ .

<sup>132</sup> The full solution is then comprised of two parts, equatorwards and polewards of the forcing:

$$G(y, y') = \begin{cases} A_1 e^{i\tilde{l}y} + A_2 e^{-i\tilde{l}y} & y > y' \\ B_1 e^{i\tilde{l}y} + B_2 e^{-i\tilde{l}y} & y < y' \end{cases}$$
(7)

<sup>133</sup> and the meridional EP flux, which represents the meridional flux of wave activity, equals:

$$F_{(y)} = -\overline{uv} = -\frac{1}{2} \Re(uv^*) \approx \frac{k}{2} \begin{cases} l\left(|A_1|^2 e^{-\frac{2\alpha}{C_{gy}}y} - |A_2|^2 e^{\frac{2\alpha}{C_{gy}}y}\right) - \frac{2\alpha}{C_{gy}} \Im\left(A_1 A_2^* e^{2ily}\right) & y > y' \\ l\left(|B_1|^2 e^{-\frac{2\alpha}{C_{gy}}y} - |B_2|^2 e^{\frac{2\alpha}{C_{gy}}y}\right) - \frac{2\alpha}{C_{gy}} \Im\left(B_1 B_2^* e^{2ily}\right) & y < y' \end{cases}$$
(8)

where  $\Re$  and  $\Im$  denote the real and imaginary components, and the approximation of  $\tilde{l}$  for small  $\alpha$ (equation 6) was assumed. Physically,  $F_{(y)}$  is the sum of a poleward  $(A_1, B_1)$  and equatorward  $(A_2, B_2)$  propagating waves, with the temporal decay at rate  $\alpha$  resulting in a spatial decay rate of  $\frac{\alpha}{Cg_y}$ , with an additional component (the imaginary term) which arises due to the effect of the damping on the phase of the waves (via the effect on  $\tilde{l}$ ).

The coefficients  $A_{1,2}$  and  $B_{1,2}$  need to be determined from the boundary conditions at  $y = \pm L$ , and from the following matching conditions at y = y', implemented by taking the limit of  $\epsilon$  going

<sup>&</sup>lt;sup>1</sup>Note that the group *speed* is by definition positive. Here we choose the convention that *l* is positive, and the wave solution is  $e^{\pm i \tilde{l}y}$ . Under this convention, the poleward propagating part of the wave is proportional to  $e^{i ly} e^{-\frac{\alpha}{C_{gy}y}y}$ , which decays polewards, while the equatorward propagating part of the solution is proportional to  $e^{-i ly} e^{\frac{\alpha}{C_{gy}y}y}$ , which decays equatorwards.

141 to zero:

$$\lim_{\epsilon \to 0} \left( G(y' + \epsilon, y') - G(y' - \epsilon, y') \right) = 0$$

$$\lim_{\epsilon \to 0} \left( \frac{dG}{dy} |_{y' + \epsilon} - \frac{dG}{dy} |_{y' - \epsilon} \right) = -\frac{f_0}{1 - \frac{i\alpha}{kU}}$$
(9)

The first matching condition insures continuity of pressure and meridional flow, and the second condition is obtained by integrating equation 3 in *y*.

## *b. Boundary conditions incorporating leakage*

The simple boundary condition of no meridional flow into across the channel walls implies  $G(\pm L, y') = 0$ . We will assume this always holds at the poleward boundary y = L. This implies  $A_2 = -A_1 e^{i2\tilde{l}L}$ , which yields

$$G(y > y', y') = A\left(e^{i\tilde{l}(y-L)} - e^{-i\tilde{l}(y-L)}\right)$$
(10)

where  $A \equiv A_1 e^{i\tilde{l}L}$ .

The vanishing of the streamfunction at the walls implies full reflection of waves from it. This is seen by implementing the rigid wall boundary condition (equation 10) into the meridional component of the Eliassen-Palm (EP) flux (Eq. 8):

$$F_{(y)}(y > y') \approx kl|A|^2 \sinh\left(\frac{2\alpha}{Cg_y}(y-L)\right) + \frac{k\alpha}{Cg_y}\sin(2l(y-L))$$
(11)

which vanishes at y = L. Note that in the case of inviscid flow,  $F_{(y)} = 0$  everywhere, not just at the boundaries, consistent with the polewards and equatorwards components having equal amplitudes, resulting in a zero net meridional wave activity flux.

To incorporate leakage of wave activity at the southern boundary, we start from the expression for the wave activity flux at the southern part of the channel for the inviscid case (setting  $\alpha = 0$  in equation 8):

$$F_{(y)}(y < y') = \frac{kl}{2}(|B_1|^2 - |B_2|^2)$$
(12)

This solution, which is similar to that derived by Harnik (2001), indicates that  $F_{(y)}$  is constant when there is no damping. When some of the wave activity leaks through the equatorward <sup>160</sup> boundary, the poleward reflected wave has a smaller amplitude than the incident wave, resulting in
 <sup>161</sup> a net EP flux out of the domain. This can be explicitly imposed, by setting:

$$|B_1|^2 = |R|^2 |B_2|^2$$

where  $|R|^2 \le 1$  is the amount of wave activity reflected back polewards from the southern channel boundary. From equation 12, the meridional EP flux south of the wave source is negative, consistent with a net equatorward wave activity flux:

$$F_{(y)}(y < y') = -(1 - |R|^2)\frac{kl}{2}|B_2|^2$$

The quantity  $1 - |R|^2$  denotes the fraction of wave activity leakage out of the waveguide.

Requiring that the meridional velocity at the boundary will vanish when there is full reflection (|R| = 1), we get the following condition on the solution coefficients

$$B_1 = -|R|e^{2ilL}B_2$$

<sup>168</sup> and the following general solution

$$G(y, y') = \begin{cases} A\left(e^{i\tilde{l}(y-L)} - e^{-i\tilde{l}(y-L)}\right) & y > y' \\ \\ B\left(|R|e^{i\tilde{l}(y+L)} - e^{-i\tilde{l}(y+L)}\right) & y < y' \end{cases}$$
(13)

where we used  $B \equiv -B_2 e^{i\tilde{l}L}$ . Note that the meridional wind anomaly at the southern boundary is not zero when there is leakage of wave activity ( $|R| \neq 1$ ), consistent with a membrane, rather than with a rigid wall.

This leaky boundary condition can also be phrased as the following condition at y = -L (see Appendix 5 for a derivation):

$$\left(\frac{1-|R|}{1+|R|}\right)\frac{dG}{dy} + i\tilde{l}G = 0 \tag{14}$$

## 174 c. The full solution

Plugging solution 13 into the matching conditions 9, we get the leaky, damped, Green's function
 solution:

$$G(y,y') = \frac{if_{0}}{2\tilde{l}(1-\frac{i\alpha}{kU})(e^{-2i\tilde{l}L} - |R|e^{2i\tilde{l}L})} \begin{cases} (e^{-i\tilde{l}(y'+L)} - |R|e^{i\tilde{l}(y'+L)})(e^{i\tilde{l}(y-L)} - e^{-i\tilde{l}(y-L)}) \\ (e^{i\tilde{l}(y'-L)} - e^{-i\tilde{l}(y'-L)})(e^{-i\tilde{l}(y+L)} - |R|e^{i\tilde{l}(y+L)}) \end{cases}$$
(15)

#### **3.** The effect of leakage and damping on resonance in the $\beta$ -plane channel

In what follows, we will examine the physical properties of the analytical solution, specifically, how the resonance properties of the inviscid perfect-channel case are modified by wave activity leakage, and how its influence compares with the effect of damping.

#### <sup>181</sup> a. Resonance in the inviscid perfect channel

<sup>182</sup> To do this we will start by examining the resonant response to the  $\delta$ -localized forcing in the case <sup>183</sup> of a perfect waveguide. Setting  $\alpha = 0$ , |R| = 1 in equation 15 we get:

$$G(y, y') = -\frac{f_o}{l\sin(2lL)} \begin{cases} \sin(l(y'+L))\sin(l(y-L)) \ y > y' \\ \sin(l(y'-L))\sin(l(y+L)) \ y < y' \end{cases}$$
(16)

<sup>184</sup> We see that the solution blows up if the parameters of the problem are such that  $L = \frac{\pi}{2l}$ , where <sup>185</sup> the meridional wavenumber *l*, c.f. equation 5, is a function of the externally specified zonal mean <sup>186</sup> zonal wind *U*, the meridional PV gradient  $\beta$ , and the topography zonal wavenumber *k*, and is <sup>187</sup> independent of the channel width *L*. In this case, we have resonance, because the wave source <sup>188</sup> excites waves which, after propagating polewards and equatorwards to the channel walls and getting <sup>189</sup> reflected back, reach the source exactly in phase to enhance it.

Fig. 1 shows the amplitude and phase at y = 0, for the case of a mid-channel source y' = 0, as a 199 function of the zonal wind U, for a given non-dimensional zonal wavenumber  $s = k \frac{L_x}{2\pi}$ ,  $L_x$  being 200 the zonal channel length, based on equation 16. We note that similar results can be obtained by 201 varying other parameters, like the meridional channel width, or the zonal wavenumber, and for 202 other channel-parameter values. The classical features of resonance are evident - the amplitude 203 blows up, and there is a sharp phase shifting of  $\pi$  radians across the resonance, with the wave 204 geopotential being exactly out of phase with the forcing height anomaly for sub-resonant zonal 205 winds, and in phase with the forcing for super-resonant zonal winds, and the anomaly being exactly 206 in quadrature with the mountain at resonance (c.f. Vallis 2017). 207

To examine the relevance of the resonance behavior of our point source solution to a more realistic, non-localized forcing, we compare to the response to a cosine-shaped mountain  $h(x, y) = \cos(l_o y)e^{ikx}$ , for which the analytical solution to equation 1 is easily shown to be:

$$\psi_k(y) = -\frac{f_o}{l^2 - l_o^2} \left( \cos(l_o y) - \frac{\cos(ly)\cos(l_o L)}{\cos(lL)} \right)$$
(17)

where as before, *l* satisfies equation 5. In appendix B1, we show how this solution is obtained using the Greens function approach, by plugging expression 16 for G(y, y') into equation 2. We note a few things:

- The first term in the parentheses is the particular solution for the  $cos(l_o y)$  forcing, while the second term is a homogeneous solution, which is added to insure that the boundary condition  $\psi'(x, \pm L) = 0$  is satisfied for any  $l_o$ .
- As for the Green's function solution, the homogeneous part of the solution here also blows up (resonance) when the flow parameters (*k* and *U*) yield a meridional wavenumber which is equal to  $l = \frac{\pi}{2L}$ .
- For flow parameters which yield a meridional wavenumber equal to that of the forcing  $(l = l_o)$ , but is not resonant in the sense above  $(l \neq \frac{\pi}{2L})$ , both the term in brackets, and the denominator  $l^2 - l_o^2$  are zero, and we get the following finite solution (using l'Hôpital's Rule):

$$\lim_{l \to l_o} \psi_k(y) = -f_o \frac{y \sin(l_o y) \cos(l_o L) - L \sin(l_o L) \cos(l_o y)}{2l_o \cos(l_o L)}$$



Fig. 1. The amplitude (top) and phase (relative to the forcing zonal phase, in units of  $\pi$ , bottom) of the 190 mid-channel streamfunction for three different forcing shapes:  $h_k(y) = \delta(y)$  (thick black),  $h_k(y) = \cos(l_o y)$ 191 (red), and  $h_k(y) = \cos(\frac{3}{4}l_o y)$  (dashed blue), for  $l_o = \frac{\pi}{2L}$ , as a function of the zonal mean zonal wind (U), for 192 non dimensional zonal wavenumber s = 4 at latitude  $\phi_0 = 40^\circ$ , with the channel half-width  $L_o = 2000 km$ , which 193 gives a resonant zonal mean zonal wind value of  $U_0 = 13.57m/sec$ . For plotting purposes, we offset the value 194 of U by a tiny amount  $(10^{-5}m/sec)$  from resonance values, for the peak to be finite. Note that the y-axis is 195 logarithmic. For comparison between the different forcing shapes, the solutions were normalized by the integral 196 of the forcing over the channel, giving resonance-peak values of the  $\cos(l_o y)$  and  $\cos(3/4l_o y)$  solutions of 0.79 197 and 0.99 of the  $\delta(y)$  solution peak, respectively. 198

Note that this solution vanishes at the boundaries  $y = \pm L$ , but in general, it is not resonant because the forcing structure, though a solution to equation 1, does not, in itself, satisfy the boundary conditions.

• When the forcing is chosen to vanish at the channel walls -  $l_o = \frac{\pi}{2L}$  - the second term in the parentheses of 17 is zero, yielding the more commonly discussed forced solution (e.g Petoukhov et al. 2013):

$$\psi_k(\mathbf{y}) = -\frac{f_o \cos(l_o \mathbf{y})}{l^2 - l_o^2}$$

and when the flow parameters are such that  $l = l_o$ , we get resonance. In this case the forcing has the structure of the free solution of equation 1 and the boundary conditions, meaning it is a normal mode of the system.

The mid-channel amplitude for the cosine-forcing case is also shown in Fig. 1 (thin line). Comparing the responses to the point-source and cosine forcing shapes, we see a very similar dependence on U. The above results suggest the delta-forcing solution can be used to study the resonance properties of the system, which are not too sensitive to the meridional shape of the forcing, as long as it excites a normal mode of the system<sup>2</sup>.

## <sup>237</sup> b. The resonant response in the presence of damping

<sup>238</sup> Keeping  $\alpha$  finite and plugging |R| = 1 in solution 15 gives:

$$G(y,y') = \frac{if_0}{2\tilde{l}(1-\frac{i\alpha}{kU})(e^{2i\tilde{l}L}-e^{-2i\tilde{l}L})} \begin{cases} (e^{i\tilde{l}(y'+L)}-e^{-i\tilde{l}(y'+L)})(e^{i\tilde{l}(y-L)}-e^{-i\tilde{l}(y-L)}) & y > y' \\ (e^{i\tilde{l}(y'-L)}-e^{-i\tilde{l}(y'-L)})(e^{i\tilde{l}(y+L)}-e^{-i\tilde{l}(y+L)}) & y < y' \end{cases}$$
(18)

In analogy to the inviscid case, we also obtain the following solution for a cosine forcing (see
 appendix B1):

$$\psi_k(y) = -\frac{f_o}{\frac{\beta}{U} - (l_o^2 + k^2)(1 - \frac{i\alpha}{kU})} \left(\cos(l_o y) - \frac{\cos(l_o L)(e^{i\tilde{l}y} + e^{-i\tilde{l}y})}{(e^{i\tilde{l}L} + e^{-i\tilde{l}L})}\right)$$
(19)

<sup>&</sup>lt;sup>2</sup>There is one caveat to this statement. Under very specific conditions, the  $\delta$ -forcing parameters can result in a destructive, rather than a constructive interference of the reflected waves with the source. This appears as "anti-resonance" points, for which the amplitude sharply decreases to zero. Such points do not appear in the cosine-forcing case because this cancellation happens for the forcing at a single latitude, so that forcings from different latitudes take over the response. The destructive interference point, as well as higher order resonances occur outside the domain of zonal wind values shown in Fig. 1, and are discussed in Section e.

We note first that in the inviscid limit,  $\tilde{l}(\alpha = 0) = l$ , and 18, 19 converge to 16, 17. Fig. 2 shows 247 the mid-channel amplitude and phase dependence on U, for the case of a delta-forcing at mid 248 channel (y = 0), as well as for the cosine forcing with  $l_o = \frac{\pi}{2L}$ , for a few values of the damping 249 parameter. We see that for non vanishing  $\alpha$ , the solution is no longer singular, though it is strongly 250 amplified at the inviscid-resonance U value, with a sharp phase shifting of almost  $\pi$  radians. The 251 quasi-resonant amplification, and the sharpness and amount of phase shifting decrease with the 252 damping rate. We also see that for large enough damping (damping time scales smaller than 16 253 days), the resonance peak shifts to larger values of U, corresponding to narrower resonant channel 254 widths. We also see, as in the conservative channel case, the shape of the resonance for a  $\delta$  forcing 255 is very similar to that of a cosine forcing. 256



FIG. 2. As in figure 1 but for a model with damping, for a forcing shape  $h_k(y) = \delta(y)$  (black) and  $h_k(y) = \cos(l_0 y)$  (red dashed), for different damping values, corresponding to damping time scales of 2, 4, 8, 16, 32, 64, 128 days. The damping strength affects the profiles in a monotonous way, with the peak amplitude increasing as the damping gets weaker (a longer damping time scale), and the phase change around the resonance peak getting sharper as the damping is reduced. The filled black/open red circles mark the peak amplitude for each profile. The channel and flow parameters are similar to those of figure 1.

## *c. The effect of leakage on the resonant response*

To examine the effects of leakage, we start with the case of no damping. Setting  $\alpha = 0$  in solution 15 we get:

$$G(y,y') = -\frac{f_0}{l(e^{-2ilL} - |R|e^{2ilL})} \begin{cases} \sin l(y-L) \left(e^{-il(y'+L)} - |R|e^{il(y'+L)}\right) & y > y' \\ \sin l(y'-L) \left(e^{-il(y+L)} - |R|e^{il(y+L)}\right) & y < y' \end{cases}$$
(20)

Fig. 3 shows the mid-channel response to a Delta-function forcing at y' = 0, for  $|R|^2$  ranging between 0.95 to 0 (leakage ranging from 5-100 percent). We see a clear indication for quasiresonance (sharp amplification and almost- $\pi$  phase shifting) for small leakage, with the peak amplification and phase shifting weakening and becoming wider as more wave activity leaks out. For the case of full leakage ( $|R|^2 = 0$ ), there is no amplification and the phase of the solution changes linearly with *U* across the whole range.

The solution with no reflection from the southern boundary allows us to quantify the effect of 269 resonance, by defining an amplitude amplification factor for a given |R| as the ratio between the 270 resonance-amplitude and the corresponding amplitude for |R| = 0. We also define a phase-change 271 rate as the amount of phase change per change in U (in units of  $\frac{\pi}{ms^{-1}}$ ). This value is largest (in 272 absolute value) at the resonance peak. Table 1 shows the amplitude amplification factor and phase-273 change rate for solutions based on equation 20 (some of the runs are shown in Fig. 3). We see that 274 the sensitivity to leakage is strongest near the pure resonance state, when there is very little leakage. 275 However, even quite a lot of leakage (e.g.  $|R|^2 = 0.25$ ) can result in an amplitude amplification 276 which is significant (2.6 for  $|R|^2 = 0.25$ ), which in the real atmosphere may be enough to lead 277 to extreme weather. The phase-change rate also changes strongly with the amount of leakage. 278 Thinking about a theoretical case in which a change in the mean flow of  $1ms^{-1}$  leads to resonance, 279 we will see a full change in phase of  $\pi$  radians for small leakage values (c.f. less than 25% -280  $|R|^2 > 0.75$ ), however, the phase change becomes quite small when the leakage is large, being less 281 than  $1/8^{th}$  of a wavelength for  $|R|^2 = 0.25$ . The rate of change of the wave phase with the mean flow 282 velocity may be a useful quantity to examine in observations to detect the possibility of resonance. 283



FIG. 3. As in figure 1 but for the leaky channel, for the forcing  $h_k(y) = \delta(y)$ . The reflection coefficient  $|R|^2$ denotes the fraction of wave activity which is reflected back into the waveguide, while a fraction of  $1 - |R|^2$  leaks out of the southern boundary.

TABLE 1. The resonance amplitude-amplification factor and phase-change rate for different degrees of leakage (1 –  $|R|^2$ ), for the leaky channel with no damping (the reflectivity values in bold are shown in Fig. 3). The phase change measure is the largest phase jump across two adjacent *U* values, and is shown in units of  $\pi$  radians per  $ms^{-1}$ .

Reflectivity $ R ^2$	0.95	0.9	0.8	0.75	0.7	0.5	0.4	0.25	0.2	0.1	0
Amplitude amplification	65.9	32.1	15.2	11.8	9.5	4.9	3.8	2.6	2.2	1.7	1
Phase-change rate $(\pi/(ms^{-1}))$	5.88	2.91	1.38	1.07	0.86	0.44	0.33	0.22	0.19	0.13	0.05

Comparing figures 2 and 3 suggests leakage and weak damping have a similar effect on res-288 onance<sup>3</sup>. This similarity is expected since both processes act to reduce the wave activity as it 289 propagates back and forth between the meridional channel walls. A more quantitative comparison 290 can be made by estimating the damping rate in the leaky channel by assuming that each time the 291 wave traverses across the channel and back (a distance of 4L), a fraction  $1 - |R|^2$  of its wave activity 292 leaks out. Taking into account that the wave activity propagates at the group velocity speed  $Cg_{y}$ , 293 and noting that the streamfunction  $\psi$  decays at half the rate of the wave activity  $A \propto q'^2 \propto \psi'^2$ 294  $(\frac{1}{A}\frac{dA}{dt} \approx \frac{1}{2\psi}\frac{d\psi}{dt})$ , we get an estimate of an effective leakage decay rate of: 295

$$\alpha_{Leaky} \approx \frac{1}{2} \frac{(1 - |R|^2)Cg_y}{4L}$$
(21)

For values of  $|R|^2 = [0.95, 0.9, 0.75, 0.5, 0.25, 0]$ , and the parameters used to create Fig. 3, this gives 296 damping time scales of  $\tau \approx \alpha^{-1} = [8982, 2246, 359, 90, 40, 22.5]$  days. Fig. 4 shows a comparison 297 of the mid-channel amplitude solutions as a function of the channel width, for  $|R|^2 = 0.95$  and 298  $|R|^2 = 0.5$ , alongside the damped-channel solutions with  $\alpha_{Leaky}$  taken from equation 21. We see 299 that for the weak leakage, the damped-solution matches the leakage one really well. For stronger 300 leakage, the differences become apparent, suggesting equation 21 under-estimates the equivalent 301 effective damping rate (stronger damping is needed to make the red curves closer to the black 302 curves, which show slower amplitude and phase changes near the resonance compared to the red 303 curves). 304

An alternative quantitative measure to relate the effects of damping to leakage is by comparing the phase shifting across the resonance. Table 2 shows the phase change, as calculated in table 1,

<sup>&</sup>lt;sup>3</sup>Note however that strong damping, unlike strong leakage, changes the value at which resonance occurs.



FIG. 4. The mid-channel amplitude for  $|R|^2 = 0.95$  (top) and  $|R|^2 = 0.5$  (bottom), similar to the curves shown in figure 3 (black contours), along with the damped-channel solutions (similar to Figure 2 but for the corresponding effective damping values given by equation 21.

for different damping values (calculated from equation 18, some values are shown in Fig. 2). By comparing the phase changes to those in table 1, we can see that leakage values of 5, 50 and 100 percent of the wave activity ( $|R|^2 = 0.95, 0.5, 0$ ) correspond, respectively, to damping time scales of 256, 20 and 2 days.

TABLE 2. The resonance phase-change rate for different damping time scales  $(day^{-1})$ , for the runs calculated from equation 18. Damping times in bold are shown in Fig. 2.

Damping $\tau$ (days <sup>-1</sup> )	256	128	64	45	36	20	16	10	8	6	2
Phase-change rate $(\pi/(ms^{-1}))$	5.66	2.87	1.44	1.01	0.81	0.45	0.36	0.22	0.18	0.13	0.04

While the effect of damping and leakage on the resonant behaviour may be similar in terms 316 of the amplitude and phase changes across the resonance values, the spatial mode structure is 317 qualitatively different, as shown by Fig. 5. While poleward of the forcing the two wave fields 318 look similar, equatorward of it, the damped solution is symmetric around the forcing while the 319 leaky solution shows a south-west north east tilted wave which is nonzero at the channel wall. 320 Correspondingly, the meridional EP flux is identically zero for the perfect waveguide. For the 321 damped case it is directed away from the forcing (and symmetric for this mid-channel forcing 322 location) with a value of zero at the walls, as required by the boundary conditions of perfect 323 reflection. For the leaky case, on the other hand, it is piece-wise constant, with a value of zero 324 poleward of the forcing and negative equatorward of the forcing, consistent with wave activity 325 leakage out of the southern channel wall. 326



FIG. 5. The latitude-longitude structure of the stream-function (top row) and the meridional EP flux as a function of latitude (bottom row) in response to a delta forcing at the mid channel latitude (y = 0) for the following runs: a,d) A perfect channel (no damping and no leakage, see Figure 1). b,e) A leaky channel with  $|R|^2 = 0.05$  and no damping (see Figure 3). c,f) A strongly damped channel ( $\tau = 2d$ ) with no leakage (see Figure 2). Latitude is in units of *L*, the half-channel width. Longitude is is divided by the length of a latitude circle.

# *d. The combined effect of leakage and damping*

Fig. 6 shows the solution at mid-channel for Delta-function forcing at mid-channel, for the same  $|R|^2$  values shown in Fig. 3, for very weak (128 days) and stronger (8 days) damping rates. We see that damping acts to widen the quasi-resonance curves, and to reduce the sensitivity to weak amounts of leakage (e.g. the difference between the  $|R|^2 = 0.95$  to  $|R|^2 = 0.9$  curves is smaller for stronger damping). We also see that as with the damped perfect waveguide case, strong damping acts to shift the resonance peak to stronger zonal mean zonal winds (resonance occurs at larger *U* for a damping time scale of 8 days).

To further quantify the effects of damping and leakage when both exist, we examine the domainintegrated eddy kinetic energy (EKE) budget. A similar analysis could be done for other conserved quantities, e.g. enstrophy or wave activity, but we choose EKE because for a  $\delta$ -function forcing, the PV perturbation is also a  $\delta$  function and we want to avoid  $\delta$ -squared terms. Multiplying the PV equation 1 by the complex-conjugate streamfunction  $\psi^*$ , and taking a domain average, gives in steady state (see Appendix B1):

$$\frac{\alpha}{\overline{u}} \left( EKE - \overline{u'\psi'}|_{-L} \right) + \overline{u'v'}|_{-L} = -f_o \overline{\tilde{h}v'(y')}$$
(22)

where EKE is the domain integrated eddy kinetic energy, and over-bar denotes a zonal mean, and  $\tilde{h}$  is the zonally-varying amplitude of the topographic  $\delta$ -forcing,  $h = \tilde{h}\delta(y - y')$ . Note that  $\tilde{h}$  has a sinusoidal structure in the zonal direction,  $\tilde{h} = h_o e^{ikx}$ .

The equation tells us that EKE generation by the forcing (right hand side term) is balanced by 352 dissipation of EKE and leakage of wave activity out of the southern boundary (first and second 353 terms on the left hand side, respectively). The damping term includes a boundary contribution, 354 which is non-zero when both damping and leakage exist (recall that  $\psi'(-L) = 0$  when there is no 355 leakage), however, we find that it is at least an order of magnitude smaller than the other terms, 356 thus we can ignore it. An important point to note is that the forcing term depends on the zonal 357 phasing between the meridional wind anomaly and the topography. When there is no damping or 358 leakage, away from resonance, v' is in quadrature with the forcing ( $\psi'$  is in or out of phase with 359 the forcing), meaning there is no EKE generation, and all terms in the equation are zero. Right at 360 resonance, on the other hand, v' is in phase with h, so that the forcing does generate EKE, which, 361



FIG. 6. Same as figure 3, but for damped leaky channel, for two values of damping: Top - 128days. Bottom -16 days. Mid channel amplitude is on the left, and the mid-channel phase is on the right.

in the the absence of leakage and damping, must lead to a temporal growth of EKE (no steady
state). Indeed, it is a known feature of resonant solutions that they give a linear amplitude growth
of modes which, off-resonance, are not growing. Fig. 7 shows the EKE forcing term for two sets
of runs, with varying degrees of leakage or damping. We see an opposite dependence of the EKE
forcing strength on the magnitude of leakage/damping, for modes near or away from resonance.
Near resonance, the EKE generation by the forcing is larger for smaller damping/leakage, while



FIG. 7. The EKE forcing term (RHS of equation 22), for a) the leaky inviscid runs shown in figure 3. b) the damped non-leaky runs shown in figure 2.

well away from the resonance, this dependence changes, with a range of zonal wind values for
which there is a non monotonic change of the EKE forcing magnitude with damping or leakage,
with optimal forcing for a middle value.

## 373 e. Higher order resonances

The results shown so far pertain to the main resonance of the model, for which the nondimensional 374 meridional wavenumber  $n = l\frac{L}{\pi} = \frac{1}{2}$ , meaning exactly half a wave-length fits into the channel width. 375 For lower values of U, however, for which the meridional wavenumber is larger (c.f. equation 5), 376 higher order resonances appear, for larger values of n. Fig. 8 shows the mid-channel amplitude 377 and phase for a few combinations of leakage and damping (shown for a narrower range of U values 378 in figures 1, 2, 3). The perfect channel case (thick black curves) shows a weaker resonance at 379  $U = 2.82ms^{-1}$ , and two "anti-resonance" points at which the amplitude decreases sharply towards 380  $U = 5.56ms^{-1}$  and  $U = 1.66ms^{-1}$ . An examination of the horizontal structure of the waves shows 381 that the second resonance occurs for  $n = \frac{3}{2}$ , while the "anti-resonance" points occur for n = 1 and 382 n = 2, respectively. 383

Fig. 9, shows the horizontal structure of  $\psi'$  for the second resonance (plot g) and the first "anti-389 resonance" (plot a), as well as for a U value in between these two points (plot d). At resonance, 390 the amplitude peaks at mid-channel. At "anti-resonance", on the other hand, the wave-node falls at 391 mid-channel. Thus, while these meridional modes are free solutions of the homogeneous equation 392 which also satisfy the boundary conditions, they are not really resonant, because the forcing does 393 not project onto them in a way which keeps nudging them to grow once the mode has been 394 established. This, however, is an artifact of the localized nature of the forcing at mid-channel, and 395 we expect these modes to become resonant if the forcing will be placed off the channel center, or 396 for a wider forcing. 397

Examining the effects of damping or leakage on the second resonance, we see that although 404 the effect of damping and leakage at the secondary resonance looks similar when looking at the 405 mid-channel amplitude and phase (red and blue curves in Fig. 8), it is very different on the mode 406 structure (Fig. 9g,h,i). While strong damping makes the mode look similar to the primary resonance 407 (compare figures 9g and 5c), leakage of wave activity from the southern boundary changes the 408 structure of the wave only south of the forcing, where the main effect is westward phase tilt away 409 from the forcing, along with an amplitude modification. The differences between leakage and 410 damping is even more pronounced for the "anti-resonance" modes. While the special nature of 411 this mode disappears for strong damping (the thick blue curves in Fig. 8 show no special behavior 412 near these points), strong leakage shows a minimum mid-channel amplitude and EKE forcing, 413



FIG. 8. The solution as a function of *U*. Shown are: a) the mid-channel streamfunction amplitude, b) the mid-channel streamfunction phase (in units of  $\pi$ ), c) the channel-maximum streamfunction amplitude, d) the EKE forcing. Shown are results for a perfect channel (no leakage or damping, thick black), full leakage no damping ( $|R|^2 = 0, \alpha = 0$ , thick red), strong damping no leakage ( $|R|^2 = 1, \alpha = 1/(2days)$ , thick blue), weak damping no leakage ( $|R|^2 = 0, \alpha = 0$ , thin red), thin blue), weak leakage no damping ( $|R|^2 = 0, \alpha = 0$ , thin red).



FIG. 9. The latitude-longitude structure of the stream-function for the second resonance, at  $U = 5.56ms^{-1}$  (top row), for  $U = 4ms^{-1}$ , a mid value between the second and third resonance (middle), and the third resonance, at  $U = 2.82ms^{-1}$  (bottom row) for the following runs: a,d,g) A perfect channel (no damping and no leakage, see Figure 1). b,e,h) A leaky channel with  $|R|^2 = 0.05$  and no damping (see Figure 3). c,f,i) A strongly damped channel ( $\tau = 2d$ ) with no leakage (see Figure 2). Latitude is in units of *L*, the half-channel width. Longitude is is divided by the length of a latitude circle.

and a  $\pi$  phase shift across these points (the thick red curves in Fig. 8). The  $\pi$  phase shifting is 414 clearly understood when examining the horizontal structure of the streamfunction at the first anti-415 resonance for the perfect channel case ( $U = 5.56ms^{-1}$ , Fig. 9a), and for a slightly weaker zonal wind 416  $(U = 4.0 m s^{-1})$ , Fig. 9d) - as U decreases, the meridional wavelength goes from half a wavelength 417 being larger, to being smaller than half a channel width, resulting in a small oppositely phased 418 peak at the channel center for the latter. Note that the anti-resonant mode for a perfect channel has 419 a symmetric structure around the forcing, thus, it is not a pure standing mode structure with a node 420 and a meridional  $\pi$  phase shift in mid channel. This suggests the forced mode should be viewed as 421 consisting of two separate modes, to both sides of the channel. When the channel is fully leaky, 422 the equatorward mode assumes a propagating wave structure (a westward phase tilt towards the 423 southern channel wall), and at the anti-resonance point, where the EKE forcing becomes zero due 424 to destructive interference, the equatorward part disappears (Fig. 9b). 425

The importance of these anti-resonance points is in pointing out a very strong sensitivity of the wave structure south of the forcing to the channel and forcing parameters, when the damping is weak enough. If relevant for more realistic settings, this might have implications for subtropical waves.

## **430 4. Numerical solutions**

The solutions presented above allow a theoretical study of the linear stationary-wave response 431 and resonance, in a very idealized channel, with a meridionally-localized forcing. We can use 432 these analytical solutions to construct the solution to an arbitrary meridional forcing structure 433 using equation 7, however, these solutions cannot be used when the zonal wind varies with latitude. 434 Under more realistic settings of a jet-stream waveguide, the membrane-like leaky channel wall 435 represents the subtropical turning latitude, which will allow partial tunneling to the tropics where 436 the waves are damped. A systematic study the effect of leakage on quasi-resonance under more 437 realistic conditions requires using a numerical model. To incorporate leakage, we will examine 438 the numerical solution of a stationary wave channel model in which we have a sponge layer in the 439 southern part of the domain to represent leakage. 440

The model solves equation 1 for meridionally varying zonal mean zonal flow  $\overline{u}(y)$ , damping  $\alpha(y)$ , and topography h(x, y). Examining the response to the *k*'th zonal Fourier component  $h_k(y)$ , we get the following equation for the stream-function response  $\psi_k$ :

$$\left(1 - \frac{i\alpha}{k\overline{u}}\right)\frac{d^2\psi_k}{dy^2} + \left[\frac{\overline{q}_y}{\overline{u}} - \left(1 - \frac{i\alpha}{k\overline{u}}\right)k^2\right]\psi_k = -f_o h_k .$$
<sup>(23)</sup>

As boundary conditions we specify  $\psi_k = 0$  at the northern and southern boundary of the computational domain. Eq. (23) is discretized with the help of standard centered differences, and the resulting matrix equation is solved using the python package SciPy. In the remainder of this paper we assume  $\overline{u} > 0$  throughout the interior of the domain such that (23) is free of singularities. For later reference we define the square of the stationary wavenumber

$$K_s^2 = \frac{\overline{q}_y}{\overline{u}} , \qquad (24)$$

and the dimensionless stationary wavenumber

$$\hat{K}_s = \frac{L_x}{2\pi} \sqrt{K_s^2} . \tag{25}$$

Our standard configuration is chosen very similar to that from the analytical treatment. In particular, we use a channel width of  $4 \times 10^3$  km extending from  $Y_{\min} = -2 \times 10^3$  km to  $Y_{\max} = -2 \times 10^3$  km and a (dimensionless) zonal wavenumber s = 4. The meridional profile of the orography is specified as

$$h_k(y) = h_0 \cos^2\left(\frac{\pi y}{h_N - h_S}\right) \tag{26}$$

for  $h_S \le y \le h_N$ , and zero otherwise, with  $h_S = -500$  km,  $h_N = 500$  km, and  $h_0 = 1$ . By design, the meridional width of  $h_k(y)$  is much smaller than the channel width, such that it is close to a delta function at y = 0 that we considered in our analytical treatment. At the same time, it is wide enough such that it is represented by a fair number of grid points and, hence, properly resolved in our numerical treatment.



FIG. 10. Amplitude and phase behavior of the complex function  $\psi_k(y)$  for the numerical solution in a channel with a constant basic state zonal wind U, as a function of U. The (a) amplitude (maximum value of the streamfunction  $\psi'$  in the channel) and (b) phase, for the fully reflecting boundaries. (c) amplitude and (d) phase for a sponge-leakage setup at the southern boundary of the notional channel (cf. the dashed line in Fig. D1b). In all panels, the different lines refer to different values of the constant damping coefficient  $\alpha_0$ .

## 459 a. Exploring boundary conditions

Our boundary condition for  $\psi_k$  corresponds to perfect reflection at the northern and southern 460 boundary of the computational domain. For illustration we compute the numerical solution 461 for a constant  $\overline{u} = U$  and various values of a constant damping coefficient  $\alpha = \alpha_0$ , as this allows 462 comparison with our analytical solution. The result is provided in the top row of Fig. 10. Apparently, 463 there is a strong similarity to our no-leakage analytical solutions (Fig. 2), showing a resonant peak 464 at  $U = 13.6 \text{ m s}^{-1}$  and a jump in the phase of  $\psi_k$  for the undamped case. For increasing damping, 465 the behavior gets increasingly smoother as expected. The pattern of the streamfunction is shown 466 in Fig. 11a. 467



FIG. 11. Normalized streamfunction from the numerical solution with s = 4 and no damping for three different model configurations. (a) Standard configuration with perfectly reflecting boundaries and a constant basic wind  $U = 13.6 \text{ m s}^{-1}$ ; (b) same as panel (a) except that the southern boundary of the notional channel has effectively been replaced by a sponge-leakage condition; (c) configuration with the jet-like wind profile from Fig. 13a with a sponge-leakage southern boundary condition.

In our next step we aim to simulate a channel that allows wave activity to leak out at the southern boundary. Numerically this can be achieved by a so-called sponge in part of the computational domain; more specifically, the damping coefficient is judiciously specified as a function of latitude such that the wave activity is reduced to zero before the wave reaches the boundary; at the same time, the spatial increase of the damping coefficient must be gradual enough such that it does not lead to spurious reflection. To construct such a sponge layer, we use two different types of sponges, one with a cosine-like dependence on latitude and another one with a quasi-exponential dependence on latitude. The former is used for heuristic purposes, while the latter is meant to be
used in all final applications. Details about the sponge design are provided in appendix B1.

Although generally the sponge technique is well established, we report here about a few experi-487 ments with our cosine-sponge (see Fig. D1a) in order to learn how to properly design the sponge 488 for our purposes. In this set of experiments the sponge-free area is inviscid, i.e.,  $\alpha_0 = 0$ . Varying 489 the amplitude of the sponge  $\alpha_s$  between 0.3 day<sup>-1</sup> and 1000 day<sup>-1</sup>, we obtain the result shown in 490 Fig. 12a. The behavior for  $\alpha_s = 0.3 \text{ day}^{-1}$  is very similar to that shown in Fig. 10a (black line), 491 indicating that the sponge is very weak and does not have a strong influence. By contrast, the 492 result for the very strong sponge amplitude ( $\alpha_s = 1000 \text{ day}^{-1}$ , red line) suggests that there is spu-493 rious reflection due to the strong spatial increase of the damping coefficient, resulting in resonant 494 behavior at a lower value of U compared to  $\alpha_s = 0.3 \text{ day}^{-1}$ . The two intermediate values of  $\alpha_s$ 495 (orange and light blue line) show a weaker resonant peak as well as a gradual shift in the location 496 of the resonance. We interpret this as a situation in which the damping from the sponge effectively 497 reduces the resonant amplitude, while the steepness of the sponge increasingly shifts the location 498 of the resonance. 499

The shift in the location of the resonance to lower values of *U* for increasing sponge amplitudes  $\alpha_s$ can be explained as follows. For a constant zonal basic wind and no damping, one expects resonance when the zonal and the meridional wavenumber satisfy  $k^2 + l^2 = \beta/U$ . Using the dimensionless wavenumbers *s* and *n*, one obtains

$$U_{\rm res} = \frac{\beta}{s^2 \left(\frac{2\pi}{L_x}\right)^2 + n^2 \left(\frac{\pi}{L_y}\right)^2}$$
(27)

as a prediction for the resonant value of U. The large-amplitude sponge effectively leads to reflection at the steep part of the sponge, which is inside the computational domain; thus, it effectively reduces the value of  $L_y$ , and this leads to a reduction of  $U_{res}$  according to (27).



FIG. 12. Resonant behavior for  $\alpha_0 = 0$  and various configurations of the cosine-shaped sponge (see Fig. D1a). Both panels show the maximum of the streamfunction  $\psi'$  in the sponge-free area as a function of the constant basic state zonal wind *U*, and the four lines in each panel represent the result for different parameter combinations that vary the strength and the steepness of the sponge. (a) Fixed channel width with  $Y_{\text{min}} = -2 \times 10^3$  km, but varying values for the sponge amplitude  $\alpha_s$ ; (b) fixed sponge amplitude  $\alpha_s = 0.3$  day<sup>-1</sup>, but varying channel width corresponding to different values of  $Y_{\text{min}}$ .

There is an alternative way to increase the strength of the sponge that does not necessitate an 513 increase of sponge amplitude: namely by keeping the sponge amplitude at a fairly low value 514  $(\alpha_s = 0.3 \text{ day}^{-1})$  and, instead, extending the computational domain further towards the south. The 515 results of this set of experiments in shown in Fig. 12b. The curve for  $Y_{\text{min}} = -2 \times 10^3$  km (dark 516 blue) is identical to the dark blue line in Fig. 12a (note that the two panels cover a different range 517 of values for U). Increasing the channel width (light blue line) shifts the location of the dominant 518 resonance towards a larger value of U (namely  $U \approx 21.3 \text{ m s}^{-1}$ ) and lowers the amplitude of the 519 resonant peak owing to the increased damping with the more extended sponge. At the same time, 520 a secondary resonant peak appears at  $U \approx 13.7 \,\mathrm{m \, s^{-1}}$ , corresponding to the second meridional 521 mode n = 2. Increasing the channel width even further (orange and red lines) keeps shifting the 522 corresponding resonant peaks to larger values of U and makes even more peaks visible in the 523 displayed range of values; however, at the same time the damping from the more extended sponge 524 reduces the resonant peaks such that there is no longer any visible resonant behavior in the dark 525 red curve. We conclude that the sponge design corresponding to the red line in panel b effectively 526 simulates a fully-leaking boundary at  $y = -2 \times 10^3$  km. 527

Having gained intuition into the sponge design with the help of the cosine-like sponge, we now switch to the quasi-exponential sponge, because the latter is better suited to obtain an efficient sponge. In addition, we now keep the area between  $y = -2 \times 10^3$  km and  $y = 2 \times 10^3$  km free of any sponge; at the same time we extend the computational domain southward to  $Y_{\text{min}} = -20 \times 10^3$  km and use a value of  $\alpha_s = 1$  day<sup>-1</sup>. This sponge design is meant to be final and will be used in the remainder of this section.

The resulting behavior is shown in the bottom row of Fig. 10; it is drastically different from the 534 behavior for the fully reflecting boundaries (shown in the top row of the same figure). The reason 535 for this stark difference is that our quasi-exponential sponge effectively simulates a fully-leaking 536 boundary at  $Y_{\rm min} = -2 \times 10^3$  km, and apparently this eliminates any hint of resonant behavior in 537 the amplitude and phase dependence on the zonal wind U, similar to the analytical solution for 538 a fully-leaking channel (c.f. the  $|R|^2 = 0$  lines in Fig. 3). The pattern of the streamfunction for 539  $U = 13.6 \text{ m s}^{-1}$  is provided in Fig. 11b: northward of the forcing (i.e., for y > 0), the pattern looks 540 quite like in the perfectly reflecting case (cf. Fig. 11a); however, southward of the forcing (i.e., for 541 y < 0), there is a clear phase tilt consistent with southward propagation of wave activity. This is 542 similar to the analytical solution (not shown, but see the similar structure for the case with 95% 543 leakage in Fig. 5b.) 544

#### <sup>545</sup> *b. Basic state with a Gaussian jet*

We now make use of the numerical model in order to investigate a basic state wind profile that 546 varies with latitude. More specifically, we start with a constant zonal wind with strength  $5 \text{ m s}^{-1}$ 547 and superimpose a Gaussian jet with a standard deviation of 600 km and an amplitude of  $25 \text{ m s}^{-1}$ . 548 As a result, we obtain a jet-like profile with the strength of the jet reaching  $30 \text{ m s}^{-1}$  at y = 0549 (Fig. 13a). The profile of the corresponding dimensionless stationary wavenumber  $\hat{K}_s$  is shown in 550 in Fig. 13b. According to WKB theory, the regions where  $\hat{K}_s > s$  are wave propagation regions, 551 where the solution assumes a wave-form, and there regions where  $\hat{K}_s < s$  are wave-evanescence 552 regions where the solutions are exponential. The latitudes at which  $\hat{K}_s = s$  are turning surfaces, 553 from which the waves are reflected back (obtained formally by asymptotic matching of the WKB 554 solutions on both sides of the turning latitudes to an Airy function, c.f. Tung and Lindzen 1979b). 555 The jet profile has a distinct relative maximum of  $\hat{K}_s$  at y = 0, with  $\hat{K}_s$  decreasing to zero and giving 556

way to imaginary values in the northern and southern parts of the channel, and returning to real 557 values near the channel walls, suggesting the wave-geometry of the problem is an inner waveguide 558 in which we force the wave, flanked by evanescent regions, which are further flanked by additional 559 external wave propagation regions which are bounded by the channel walls. If we ignore the outer 560 wave propagation regions (by assuming, for example, that the flanks of the jet are modified to make 561 the imaginary  $\hat{K}_s$  regions essentially infinite), WKB theory suggests the waves would be fully 562 reflected from turning latitudes, for any wavenumber  $1 \le s \le 8$ , resulting in a perfect waveguide 563 with zero leakage (Hoskins and Ambrizzi 1993; Petoukhov et al. 2013; Kornhuber et al. 2017b). 564 With the additional wave-propagation regions, some of the wave activity excited in the main 565 waveguide will tunnel to walls (the exact amount depending on how wide the wave-evanescence 566 region is relative to the exponential decay rate), from which they will be reflected back, yielding 567 essentially a perfect waveguide. If on the other hand, we replace the southern wall with a sponge 568 as constructed in the previous section, the wave activity which manages to tunnel out of the main 569 waveguide southward will be fully absorbed, resulting, essentially in a leaky waveguide. Note that 570 unlike the analytical model, the amount of wave activity leakage to the sponge depends on the 571 structure of  $\hat{K}_s$  and on s, and is thus not something we can control. 572



FIG. 13. Model configuration with a jet-like profile for the basic state wind. Panel (a) shows the zonal wind  $\overline{u}(y)$ , panel (b) shows the dimensionless stationary wavenumber  $\hat{K}_s(y)$ ; negative values of  $\hat{K}_s$  (gray shading) represent minus the imaginary part of  $\hat{K}_s$ .

To test this, we will evaluate the numerical solutions of this jet profile, with and without the 576 sponge-leakage, for different values of  $\alpha_0$ . In this set of experiments, we need to change our strategy 577 for probing resonant behavior, because the wind is not a constant any longer. Instead, we simply 578 vary the (dimensionless) zonal wavenumber s, which for the current purpose is not even limited to 579 integer numbers. The result for the model configuration without sponge-leakage is shown in the 580 top row of Fig. 14. Apparently, there is a resonant peak at  $s \approx 4.3$  with the amplitude (panel a) of 581 the undamped solution going to infinity and the phase (panel b) changing discontinuously from  $\pi$ 582 to 0. Qualitatively, this behavior is very similar to the behavior shown in Fig. 10a and b, except 583 that the method of probing for resonance has changed. 584



FIG. 14. Resonant behavior in case of our jet-like profile of the basic state wind (see Fig. 13). Top row: perfectly reflecting surfaces at the northern and southern boundary; bottom row: like top row except that the southern boundary condition has effectively been replaced by sponge-leakage. The left column shows the maximum value of the streamfunction  $\psi'$  as a function of *s*; the right column shows the phase of the complex function  $\psi_k$  at y = 0as a function of *s*. The different colored lines refer to different values of the constant damping coefficient  $\alpha_0$ .

We now repeat this simulation except that the southern boundary is replaced by the quasi-590 exponential sponge in a southward extension of the computational domain as detailed above and 591 in the appendix. The result is shown in the bottom row of Fig. 14. As before, there is a clear peak 592 of wave amplitude at  $s \approx 4.3$  (panel c), which is likewise mirrored in the phase behavior (panel 593 d). However, for the inviscid case ( $\alpha_0 = 0$ , black lines) our solution is not consistent with perfect 594 resonance as predicted for a perfect channel: the amplitude does not tend towards infinity and the 595 phase does not show a discontinuity. Instead, the behavior is broadly consistent with the analytical 596 leaky-waveguide solutions (e.g. Fig. 3), as expected if indeed the southern turning latitude is not 597 perfectly reflecting, but rather it allows some of the wave activity to leak out of the jet-waveguide. 598

The pattern of the streamfunction (Fig. 11c) is also qualitatively like the analytical leaky waveguide solution (Fig. 5b): it shows a phase tilt close to the southern boundary, indicating leakage of wave activity at  $y = -2 \times 10^3$  km. As expected, some of the wave activity has tunneled through the area with imaginary  $\hat{K}_s$  where it is slowly absorbed by the sponge essentially allowing wave activity to escape out towards  $-\infty$ .

Finally we compare the inviscid solution with sponge-leakage (black lines in Fig. 14c and d) with the damped solutions for a fully reflecting boundary (colored lines in Fig. 14a and b). This comparison suggests that the leakage of our jet-like profile is roughly equivalent to a damping with a 12 day time-scale. From comparing the phase change in tables 1 and 2, a 12 day damping time scale is equivalent to about 70% leakage (30% reflectivity). Again, arguments which assume perfectly reflecting boundaries on the basis of the existence of two turning latitudes are quantitatively deficient by a considerable margin.

## 611 5. Discussion

In this work we examine the influence of a specified amount of wave activity leakage to the 612 equator, on the resonant response to idealized forcing. The main novelty of our analysis is that we 613 derive an analytical solution with which we can quantitatively examine the effects of a specified 614 amount of waveguide-leakage, and compare it to the effects of damping. The ability to explicitly 615 specify the amount of wave activity leakage, and get an analytical solution comes at the price 616 of large simplification of the problem. We thus use a numerical model, for which we carefully 617 construct a fully-leaking southern boundary, to further examine the effect of leakage in a similar 618 setup but with a meridionally varying jet, rather than a constant zonal mean zonal wind. 619

<sup>620</sup> Using our analytical solution, we examine the resonant response to a forcing placed at the <sup>621</sup> center of the waveguide, by varying the zonal mean flow incrementally across resonance. We <sup>622</sup> vary separately and together, the amount of wave activity leakage (through the southern boundary <sup>623</sup> condition) and the linear damping, to study their effect on the resonance behavior. Following are <sup>624</sup> the main points to note about the analytical solution.

<sup>625</sup> 1. For inviscid flow on a perfect waveguide (no leakage to the equator), we get a sharp increase <sup>626</sup> in the wave amplitude and a sharp  $\pi$ -phase change across resonance. Leakage acts to decrease <sup>627</sup> the resonant amplification, and make the phase change more gradual across the resonance,

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so that at 100% leakage the solution shows no amplification or increased phase change at the
 resonance values. Strong damping, on the other hand, weakens the response, which shifts
 towards larger zonal wind values. It does not eliminate the resonant response as full leakage
 does.

<sup>632</sup> 2. For a small wave activity leakage of magnitude  $1 - |R|^2$ , the influence is similar to a damped <sup>633</sup> wave with a damping rate corresponding to a loss of  $1 - |R|^2$  of the wave activity over the time <sup>634</sup> it takes a wave packet to propagate the channel width back and forth with the theoretical group <sup>635</sup> speed (calculated assuming no damping). For larger leakage, this gives an under-estimate of <sup>636</sup> the effective damping rate.

The latitude-longitude structure of the response is very different between damping and leakage.
 Damping introduces a westward phase tilt on both sides of the forcing, corresponding to an
 outward-directed decaying EP flux (inward-directed momentum flux), which reduces to zero
 at the rigid-lid boundaries. Leakage from the southern boundary, on the other hand, introduces
 a westward phase tilt towards the southern boundary, south of the forcing, with no phase tilt
 poleward of it. This corresponds to no EP flux polewards of the forcing and a constant negative
 (southward) EP flux south of the forcing.

4. In addition to a main resonance peak, which occurs for the gravest meridional mode, we also 644 get higher order resonance peaks, corresponding to the higher order meridional modes (we 645 explicitly show the second mode peaks). We also find anti-resonance points, for which the 646 meridional modes exactly cancel the forcing, resulting in a sharp amplitude decrease as the 647 zonal mean zonal wind is gradually varied. The anti-resonance behavior involves a significant 648 change in the meridional structure of the waves, specifically, the formation and shifting of 649 meridional nodes, thus their appearance is sensitive to the latitude at which we sample the 650 wave amplitude. In addition, the anti-resonance will vanish if the forcing has a meridional 651 extent rather than a  $\delta$ -function structure. 652

5. The above results can be reproduced by changing the zonal wavenumber or the channel width,
 rather than the zonal mean zonal wind value.

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6. The analytical Green's Function solution can be extended to an arbitrary forcing structure,
 by using a Fourier transform for a zonally-varying forcing, and meridionally convolving the
 solution with the forcing for latitude variations.

<sup>658</sup> To check if the main results hold for a meridionally varying jet, we implement leakage into <sup>659</sup> a numerical  $\beta$ -plane channel model with linear damping, by adding a wide sponge layer to its <sup>660</sup> southern edge, and exploring different zonal wind profiles and linear damping values. To check for <sup>661</sup> a resonant response in these runs, we vary the zonal wavenumber. Following are the main results <sup>662</sup> and conclusions from the numerical solutions:

Wave activity leakage to the equator can be implemented into the channel model by adding a
 gradual enough and wide enough sponge layer to the southern part of the domain. We verify
 the effect of such sponge-leakage by testing it on a constant zonal wind setup, and verifying
 that resonance disappears in a similar manner to the analytical solution with full leakage.

Adding a zonal jet to the model with no sponge reproduces a resonant behavior. However, when
sponge-leakage is implemented at the southern boundary, outside the jet, beyond its southern
flank, the resonance sharpness is considerably reduced, implying that the jet waveguide is
leaky. Refractive index-based estimates that identify so-called turning surfaces, but don't take
leakage into account (e.g. Petoukhov et al. 2013, and following studies), may overestimate the
potential for resonance by a considerable margin.

The above solutions have allowed us to quantify and characterize the influence of wave-activity 673 leakage to the equator in very idealized setups. More specifically, a rough estimate based on 674 comparing the responses of the jets in the numerical runs with southern-boundary sponge-leakage 675 and a wall, suggests the leakage of the jet is equivalent to a damping time scale of 12 days. In our 676 analytical solution, a 12-day damping corresponds to a leakage of about 70% of the wave activity. 677 There are a few important subtleties to note. In the analytical model setup, we specify the 678 reflection coefficient |R|, where  $1 - |R|^2$  is the *fraction* of wave activity that leaks out to the equator. 679 Given, however, that the wave source is part of the solution, as it depends on the phasing between 680 the wave and the topography, deducing |R| from the wave solution itself involves solving a nonlinear 681 equation, the form of which depends on the specifics of the forcing. Thus we were not able to 682 derive a simple methodology to explicitly calculate the leakage from a given wave solution in a 683

general circulation model or reanalysis for which the explicit forcing effect on the stream-function is not straightforward to obtain. Also, in the numerical solution with sponge-leakage and a jet, the amount of leakage depends on the zonal mean zonal wind profile, as well as the proximity of the equatorward turning surface to the sponge. Thus, unlike the analytical solution, we are not able to *specify* the amount of leakage in a numerical model.

A rough estimate of the leakage of a waveguide can be obtained from the ratio between the 689 amount of wave activity which leaks to the equator (the meridional EP flux out of the southern 690 waveguide boundary) and the source of wave activity in the wave guide. While the former is 691 relatively straightforward to deduce, the latter is much more complex, as it depends on the physical 692 process that excites waves, as well as the model setup and parameters. Nonetheless, several 693 studies have obtained a rough estimate of the equatorward leakage, using analytical normal-mode 694 solutions (Tung 1979) or idealized numerical model setups (Lutsko and Held 2016; Wirth 2020). 695 The latter studies used a localized wave source to estimate the ratio between the amount of wave 696 activity propagating into or remaining in the zonal waveguide, and that propagating or reaching 697 equatorwards. These studies, as well as estimates from our numerical model (not shown) give 698 estimates of at least 25% wave activity leakage even from a strong jet. More specifically, in Wirth 699 (2020), a jet similar to that in our numerical simulations was estimated to have a waveguidability 700 of about 60% meaning a leakage of about 40% (see figure 6a in Wirth 2020, for a jet strength 701 of  $25ms^{-1}$  and width of 5°). This is smaller than our analytical-solution-based estimate of 70%, 702 however, Wirth (2020) examined a jet on a sphere, and estimated the waveguidability using a 703 forcing that is localized in longitude, thus, the reasons for this difference require further analysis. 704

Despite the limitations of the analytical solution, and the inability to explicitly calculate a leakage 705 factor in realistic models and observations, the analytical solutions suggest that quite large leakage, 706 in itself, does not preclude the possibility that quasi-resonant amplification can be significant 707 enough to result in a significant impact on regional weather conditions. For example, assuming 708 a damping rate of 8 days (which is quite strong for the upper troposphere), a change in the jet-709 waveguide which decreases the leakage from 100% to 50% can result in an amplification by about 710 a factor of 2 at resonance, and by about 20% if the leakage changes from 50% to 25% (compare 711 the peak values of the cyan - 100%, purple - 50%, and green - 25% curves in Fig. 6a). Also, even 712 for a 75% leakage, the mid-channel amplitude can almost double if the zonal mean zonal wind 713

changes by a few meters per second (see the amount of amplification of the green curve between  $U = 11ms^{-1}$  and  $U = 14.5ms^{-1}$  in Fig. 6a). While a doubling of the wave amplitude is very small in our model, in the real world it can be enough to cause extreme weather.

A main caveat in the relevance of our analysis to the real atmosphere is that the jet stream 717 waveguide and the forcing are not zonally symmetric. In spite of this, circumglobal waves have been 718 shown to dominate intra-seasonal variability (Branstator 2002). Kosaka et al. (2009) discussed the 719 zonal structure and phasing of the circumglobal Northern Hemisphere summer Silk-Road pattern, 720 and showed that the observed zonal phasing maximizes the energy conversion from the mean 721 flow to the wave pattern, with the meridional energy conversion being most sensitive to the zonal 722 phasing with respect to the zonal variations of the jet. The possibility of resonance playing a role in 723 this sensitivity of the barotropic conversion remains to be studied. Circumglobal waves have been 724 cited as the cause for the co-occurrence of extremes in several places around the globe (Davies 725 2015). Often, however, we see amplified zonal wave-packets leading to extreme weather (e.g. 726 Feldstein and Dayan 2008; Röthlisberger et al. 2016, 2019; Fragkoulidis et al. 2018; Sandler and 727 Harnik 2020; Ali et al. 2021), with a tendency of the waves to amplify in a specific region with a 728 specific zonal phasing leading to extended or recurrent extreme weather (e.g. Röthlisberger et al, 729 2019; see figures 10, 12 in Fragkoulidis et al, 2018). Given that mathematically, wave packets are 730 a superposition of a few close circumglobal modes, it remains to be examined if quasi-resonance 731 of the carrier modes or the envelope modes can contribute to a zonally localized enhancement of 732 waves. 733

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Data availability statement. The analysis was carried out solely based on the analytical solutions
 presented here (using MATLAB), and numerical stationary-wave solutions which were produced
 using software which is publicly available within the algorithm collection SciPy.

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# APPENDIX A

#### The approximate meridional wavenumber for the damped solution (equation 6)

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Assuming weak damping, with a characteristic time scale much larger than the advective time scale, so that  $\tilde{\alpha} \equiv \frac{\alpha}{kU} \ll 1$ , we can approximate the meridional wavenumber using a Taylor expansion around the inviscid case:

$$\tilde{l} \approx \tilde{l}|_{\tilde{\alpha}=0} + \frac{\partial \tilde{l}}{\partial \tilde{\alpha}}|_{\tilde{\alpha}=0}\tilde{\alpha}$$
(A1)

<sup>746</sup> Using equation 4:

$$\frac{\partial \tilde{l}}{\partial \tilde{\alpha}} = \frac{1}{2} \left( \frac{\beta}{U(1 - i\tilde{\alpha})} - k^2 \right)^{-1/2} \frac{i\beta}{U(1 - i\tilde{\alpha})^2} = \frac{i\beta}{2\tilde{l}U(1 - i\tilde{\alpha})^2}$$
(A2)

Plugging into A1, along with the definition of  $\tilde{\alpha}$ , noting that  $\tilde{l}(\alpha = 0) = l$  (equation 5), and expressing in terms of the group velocity,  $Cg_y = \frac{2kl\beta}{(k^2+l^2)^2} = \frac{2klU^2}{\beta}$ , we get equation 6.

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#### APPENDIX B

#### 750

# The boundary condition for a leaky waveguide

<sup>751</sup> Starting from the expression in equation 13 for G(y, y') at the southern part of the domain

$$G = B\left(|R|e^{i\tilde{l}(y+L)} - e^{-i\tilde{l}(y+L)}\right)$$

752 we get:

754

$$\frac{dG}{dy} = i\tilde{l}B\left(|R|e^{i\tilde{l}(y+L)} + e^{-i\tilde{l}(y+L)}\right)$$

At the southern boundary (y = -L) we thus have:

$$G = B(|R| - 1)$$
$$\frac{dG}{dy} = i\tilde{l}B(|R| + 1)$$

<sup>755</sup> which gives the boundary condition 14.

# 756 B1. The non-leaky cosine-forcing solution

Starting with the inviscid model, we derive the solution 17 by plugging the Green's Function solution 16 into equation 2, for  $h_k(y) = \cos(l_o y)$ .

$$\psi'(y) = \int_{-L}^{L} G_k(y, y') h_k(y') dy' = -\frac{f_o}{l\sin(2lL)} \times \left( \int_{-L}^{y} \sin(l(y'+L)) \sin(l(y-L)) \cos(l_o y') dy' + \int_{y}^{L} \sin(l(y'-L)) \sin(l(y+L)) \cos(l_o y') dy' \right)$$
(B1)

Examining only the first integral, after taking out the factor sin(l(y - L)), we further develop, using the cosine and sine multiplication and addition/subtraction equalities:

$$\int_{-L}^{y} \sin(l(y'+L)) \cos(l_{o}y') dy' = -\frac{1}{2} \left( \frac{\cos((l(y+L)+l_{o}y) - \cos(l_{o}L))}{l+l_{o}} + \frac{\cos(l(y+L)-l_{o}y) - \cos(l_{o}L)}{l-l_{o}} \right) = \frac{l_{o}}{l^{2} - l_{o}^{2}} \left[ \cos(l_{o}L) - \cos(l(y+L)) \cos(l_{o}y) \right] - \frac{l_{o}}{l^{2} - l_{o}^{2}} \sin(l(y+L)) \sin(l_{o}y)$$
(B2)

repeating this derivation for the second integral in equation B1, plugging both back into B1, we find
 that the sine terms at the end of equation B2 cancel out in equation B1 between the two integrals,
 and doing further manipulation on the remaining terms, we get solution 17.

For the damped case, we can guess the solution to equation 3, by analogy with the inviscid solution 17, and noting that the following relation holds:

$$(\tilde{l}^2 - l_o^2)(1 - \frac{i\alpha}{kU}) = \frac{\beta}{U} - (k^2 + l_o^2) + \frac{i\alpha}{kU}(k^2 + l_o^2)$$
(B3)

where we used the full definition of  $\tilde{l}^2$  (Equation 4), and not its approximation (Equation 6). The solution can then be verified by plugging into equation 3.

#### APPENDIX C

#### The EKE equation

<sup>770</sup> Starting from the PV equation (c.f. equation 1):

$$\frac{\partial q'}{\partial t} + \overline{u}\frac{\partial q'}{\partial x} + v'\overline{q}_y + \alpha q' = -f_o\overline{u}\frac{\partial h}{\partial x}$$
(C1)

multiplying by  $\psi'$  and taking a zonal mean we get:

$$\overline{u}\,\overline{v'q'} - \alpha\overline{\psi'q'} = -f_o\overline{u}\,\overline{v'h} \tag{C2}$$

where overline denotes the zonal mean, and we used the relation between the streamfunction and the meridional velocity,  $v' = \frac{\partial \psi'}{\partial x}$ , and the fact that the zonal derivative of the zonal mean is zero, and that  $\overline{\psi' v'} = 0$ , and we assumed a steady state.

<sup>775</sup> Next, we integrate over the entire meridional domain. We first note the following relation:

$$\int_{-L}^{L} \psi' q' dy = \int_{-L}^{L} \overline{\psi'} \left( \frac{\partial v'}{\partial x} - \frac{\partial u'}{\partial y} \right) dy = \int_{-L}^{L} \left( \overline{-v'} \frac{\partial \psi'}{\partial x} - \frac{\partial \overline{\psi'u'}}{\partial y} + \overline{u'} \frac{\partial \psi'}{\partial y} \right) dy = -\int_{-L}^{L} \left( \overline{v'^2} + \overline{u'^2} + \frac{\partial \overline{\psi'u'}}{\partial y} \right) dy = 2EKE + \overline{\psi'u'}|_{-L} \quad (C3)$$

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where  $EKE \equiv \frac{1}{2}(\overline{v'^2} + \overline{u'^2})$ , and we used the boundary condition  $\psi'(L) = 0$ . Next noting that  $\overline{v'q'} = -\frac{\partial \overline{u'v'}}{\partial y}$ , thus

$$\int_{-L}^{L} \overline{v'q'} dy = \overline{u'v'}|_{-L}$$

where we use the boundary condition v'(L) = 0. Plugging this, and equation C3 into equation C2, we get equation 22.

780

## APPENDIX D

#### 781

# Design of the sponge

The sponge is modeled through a latitude-dependent damping coefficient  $\alpha_{sp}(y)$  such that the total damping coefficient is given by

$$\alpha(y) = \alpha_0 + \alpha_{\rm sp}(y) . \tag{D1}$$

Here,  $\alpha_0$  is a constant damping coefficient that may be considered in addition to the sponge. In the northern part of the channel we define a sponge-free area for  $Y_S \le y \le Y_N$ . South of  $Y_S$  the value of  $\alpha_{sp}$  increases from  $\alpha_0$  to a user-specified value of  $\alpha_s$  at the southern boundary of the computational domain.

In this work,  $\alpha_{sp}(y)$  is modeled either through a cosine-dependence or through a quasi-exponential dependence. The cosine-sponge is used in order to systematically explore the impact of the sponge on the resonant behavior. Based on experience thus obtained, we then designed a quasi-exponential sponge, which is used for our main results in order to efficiently simulate a non-reflecting (i.e., fully transparent) southern boundary of a notional channel that is less extended than the actual computational domain.

The cosine-like sponge simply connects the constant value  $\alpha_0$  in the sponge-free part of the domain with  $\alpha_s$  at the boundary of the computational domain as illustrated in Fig. D1a.

The quasi-exponential sponge (see Fig. D1b) is specified such that  $\alpha(y) = \alpha_s$  at the southern boundary of the computational domain. Obviously, the exponential function is non-zero for any real value of *y*, which implies that there cannot be any sponge-free area. In order to circumvent this issue and guarantee a truly sponge-free area in the northern part of the domain, we use the



FIG. D1. Profiles of the damping coefficient  $\alpha(y)$  for two different configurations that implement a sponge: (a) cosine-like sponge, and (b) a quasi-exponential sponge. For illustration we used here  $\alpha_0 = 0.25 \text{ day}^{-1}$  in panel (a),  $\alpha_0 = 0$  in panel (b), and  $\alpha_s = 3 \text{ day}^{-1}$  in both panels. In addition, in both panels, the sponge-free area is white, while the sponge is marked by gray shading. The dashed line in panel b indicates the southern boundary of the notional channel, for which the sponge effectively simulates a fully-leaking boundary condition.

following algorithm resulting in a sponge that is close to exponential for typical values of  $\alpha_0$  and  $\alpha_s$  used in this work:

<sup>802</sup> 1. We start with a true exponential function  $\alpha_{sp}(y) = a \exp(by)$  and determine the coefficients *a* <sup>803</sup> and *b* such that  $\alpha_{sp}$  equals  $\alpha_{sm} = 0.1 \text{ day}^{-1}$  at the southern boundary of the sponge-free region, <sup>804</sup> and  $\alpha_{sp} = \alpha_s$  at the southern boundary of the computational domain;

<sup>805</sup> 2. We subtract  $\alpha_{sm}$  from the above-defined profile  $\alpha_{sp}(y)$  such that the damping of the sponge approaches zero as *y* approaches the sponge-free area

<sup>807</sup> 3. We multiply the function  $\alpha_{sp}(y)$  obtained in the previous step by a constant factor such as to <sup>808</sup> ensure that the total  $\alpha(y)$  equals  $\alpha_s$  at the southern boundary of the computational domain.

The design of the exponential sponge is such that the sponge-free area is meant to represent the domain of interest. At the same time, the computational domain is extended towards the south in order to contain the exponential sponge. This combination effectively simulates a fully-leaking boundary condition at the southern end of the domain of interest (dashed line in Fig. D1b). This shows how to enter the commands for making a bibliography using BibTeX. It uses references.bib and the ametsocV6.bst file for the style.

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